

Instructors & Coaches Code of Conduct

Safety and Health of Participants

- Place the safety and welfare of the participants above all else.

Coaching excellence

- Help each person to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Treat each participant as an individual.
- Obtain appropriate qualifications and work within the remit of those qualifications.
- Keep up-to-date with the latest instructing and coaching practices and continually strive to improve.
- Make best efforts to monitor and support your trainees.

Honour the sport

- Respect the decisions of other instructors, coaches and administrators.
- Show respect and courtesy to all involved with the sport and encourage athletes to do the same.
- Display responsible behaviour in relation to alcohol and other drugs.

Coaches should maintain appropriate boundaries:

Physical boundaries

- Only use physical contact that is necessary for the development of a particular skill and seek permission of the athlete beforehand.
- Work within sight of others at all times

Emotional boundaries

- Use positive feedback on performance, be encouraging.
- Treat all participants equally and fairly.

Respect

- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Do not tolerate abusive, bullying or threatening behaviour and always report to CWO.

Child Welfare

- To protect a child from risk, and yourself, avoid being alone with any particular child.

- If a child approaches you and wants to talk to you privately, do so in an open area and in sight of other adults.
- Should you see or hear anything of concern please respond, record any details and report immediately to the CWO.

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Social Media/Contact with Children

- It is not appropriate for instructors/coaches to communicate on a one-to-one basis with Club members under the age of 18 by social media, text, email or other forms of communication. Communications should be sent to parents.
- As a Club we have a number of skiers who have subsequently become instructors and may have pre-existing friendships with members under the age of 18. We appreciate it would be very hard to enforce the above in these circumstances but would urge these instructors to be very cautious in the use of social media to avoid putting themselves at risk.
- We realise friendships may develop but please be advised it would usually be a disciplinary offence for an instructor/coach to start an intimate relationship with someone they teach. Make sure you discuss with CWO first to ensure you do not compromise your position of trust.
- It is advised that should instructors/coaches post/comment on Club social media then they should have a 'snowsport' profile, so their home and social life is kept private.
- Do not post name, personal details or photographs of anyone on any Club social media without their explicit consent; in the case of U18s, this must also have prior parental permission.

I,have read and understood the above and will abide by it as an instructor/Coach of 3 Counties Snowsports



Signature:

Date: