



3 Counties Snowsports
COVID-19 Guidelines for Participants & Spectators

Thank you for booking. We hope you enjoy your session with us.

To keep everyone COVID-19 safe, there are some simple guidelines we need you to follow when attending a 3 Counties Snowsports (3CS) session. Please note, adhering to these is a condition of your booking.

Please do **NOT** attend if you are displaying or have been in contact with someone who has COVID-19 symptoms, or are self-isolating.

There are designated areas for participants & spectators. These are clearly sign posted.

All participants under 18 must be accompanied for the entire duration of the session by 1 adult – parent or guardian. One adult may be responsible for multiple children they live with or are in the same support bubble.

Whilst at the Ski centre everyone **MUST** observe COVID-19 guidelines in place:

- Sanitise your hands-on arrival – please bring your own sanitiser; Avoid touching surfaces where possible
- Wear a face covering (unless you have a valid exception – please provide evidence)
- Keep at least 2m apart from other people at all times inc. whilst on the slope
 - does not apply to family you live with or support bubble members
- Follow guidance given by Centre staff & Instructors
 - If you are unsure about anything, please signal a member of staff to come over & ask them
- Please do **NOT** enter the Ski or Fun Rings huts, these areas are off limits

Skiing Participants

The minimum age is 7 years. Wearing a helmets is strongly recommended and compulsory for children under 10 years.

On the slope, everyone will be expected to be wearing a minimum of a Long-sleeved top, Trousers, Gloves & Long Socks. Clothing should be sturdy and weather proof. There must be no uncovered skin whilst on the slopes.

If you have your own equipment, please bring with you and put as much on as possible before you arrive at the Ski Centre. You are responsible for the correct setting & fitting of your equipment. Please do not share with anyone else.

If you are hiring equipment (Skis, Boots, Helmets & Poles) these will be set up, sanitised & be ready for you based on your booking information. Please wait to be called for these. If something does not fit right, please bring to the attention of a member of the centre staff.

Upon arrival you will need to go to Skiing registration to provide some details for Contact Tracing purposes.

All participants are expected to be able to put on their own equipment (Parent/guardian may assist younger children), climb the slope, recover from a fall, pull the lift hanger. Demonstrations on how to do these will be given.

Fun Rings Participants

On the slope, everyone will be expected to have a minimum of a Long-sleeved top, Trousers, Gloves, Socks and Shoes. There must be no uncovered skin whilst on the slopes. Clothing should be sturdy and weather proof.

Upon arrival you will need to go to Fun Ring registration to provide some details for Contact Tracing purposes.

Fun rings will be brought out to you.

Spectators

Please register your contact details at the registration point for the activity you are attending.

During the session, please remain in the designated spectator areas unless called by a member of the centre staff.